

A STUDY ON INTERNET OF THINGS: A FUTURE INOVATION

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Abstract: We see the IoT as billions of smart, connected “things” (a sort of “universal global neural network” in the cloud) that will encompass every aspect of our lives, and its foundation is the intelligence that embedded processing provides. The IoT is comprised of smart machines interacting and communicating with other machines, objects, environments and infrastructures. As a result, huge volumes of data are being generated, and that data is being processed into useful actions that can “command and control” things to make our lives much easier and safer—and to reduce our impact on the environment. The creativity of this new era is boundless, with amazing potential to improve our lives. The following thesis is an extensive reference to the possibilities, utility, applications and the evolution of the Internet of thing.

Keywords: *Internet of things , Energy management, Smart Home, Enterprise IoT*

I.INTRODUCTION

The **Internet of things (IoT)** is the network of physical devices, vehicles, home appliances and other items embedded with electronics, software, sensors, actuators, and network connectivity which enables these objects to connect and exchange data. Each thing is uniquely identifiable through its embedded computing system but is able to inter-operate within the existing Internet infrastructure.

Experts estimate that the IoT will consist of about 30 billion objects by 2020. It is also estimated that the global market value of IoT will reach \$7.1 trillion by 2020.

The IoT allows objects to be sensed or controlled remotely across existing network infrastructure, creating opportunities for more direct integration of the physical world into computer-based systems, and resulting in improved efficiency, accuracy and economic benefit in addition to reduced human intervention. When IoT is augmented with sensors and actuators, the technology becomes an instance of the more general class of cyber-physical systems, which also encompasses technologies such as smart grids, virtual power plants, smart homes, intelligent transportation and smart cities.

"Things", in the IoT sense, can refer to a wide variety of devices such as heart monitoring implants, biochip transponders on farm animals, cameras streaming live feeds of wild animals in coastal waters, automobiles with built-in sensors, DNA analysis devices for environmental/food/pathogen monitoring, or field operation devices that assist firefighters in search and rescue operations. Legal scholars suggest regarding "things"



as an "inextricable mixture of hardware, software, data and service".

These devices collect useful data with the help of various existing technologies and then autonomously flow the data between other devices.

The term "the Internet of things" was coined by Kevin Ashton of Procter & Gamble, later MIT's Auto-ID Center, in 1999.

II.HISTORY

As of 2016, the vision of the Internet of things has evolved due to a convergence of multiple technologies, including ubiquitous wireless communication, real-time analytics, machine learning, commodity sensors, and embedded systems. This means that the traditional fields of embedded systems, wireless sensor networks, control systems, automation(including home and building automation), and others all contribute to enabling the Internet of things.

The concept of a network of smart devices was discussed as early as 1982, with a modified Coke machine at Carnegie Mellon University becoming the first Internet-connected appliance, able to report its inventory and whether newly loaded drinks were cold. Mark Weiser's seminal 1991 paper on ubiquitous computing, "The Computer of the 21st Century", as well as academic venues such as UbiComp and PerCom produced the contemporary vision of IoT. In 1994 Reza Raji described the concept in *IEEE Spectrum* as "[moving] small packets of data to a large set of nodes, so as to integrate and automate everything from home appliances to entire factories". Between 1993 and 1996 several companies proposed solutions like Microsoft's at

Work or Novell's NEST. However, only in 1999 did the field start gathering momentum. Bill Joy envisioned Device to Device (D2D) communication as part of his "Six Webs" framework, presented at the World Economic Forum at Davos in 1999.

The concept of the Internet of things became popular in 1999, through the Auto-ID Center at MIT and related market-analysis publications. Radio-frequency identification (RFID) was seen by Kevin Ashton (one of the founders of the original Auto-ID Center) as a prerequisite for the Internet of things at that point. Ashton prefers the phrase "Internet *for* things." If all objects and people in daily life were equipped with identifiers, computers could manage and inventory them. Besides using RFID, the tagging of things may be achieved through such technologies as near field communication, barcodes, QR codes and digital watermarking.

In its original interpretation, one of the first consequences of implementing the Internet of things by equipping all objects in the world with minuscule identifying devices or machine-readable identifiers would be to transform daily life. For instance, instant and ceaseless inventory control would become ubiquitous. A person's ability to interact with objects could be altered remotely based on immediate or present needs, in accordance with existing end-user agreements. For example, such technology could grant motion-picture publishers much more control over end-user private devices by remotely enforcing copyright restrictions and digital rights management, so the ability of a customer who bought a Blu-ray disc to watch the movie could become dependent on the copyright holder's decision, similar to Circuit City's failed DIVX.

A significant transformation is to extend "things" from the data generated from devices to objects in the physical space. The thought-model for future interconnection environment was proposed in 2004. The model includes the notion of the ternary universe consists of the physical world, virtual world and mental world and a multi-level reference architecture with the nature and devices at the bottom level followed by the level of the Internet, sensor network, and mobile network, and intelligent human-machine communities at the top level, which supports geographically dispersed users to cooperatively accomplish tasks and solve problems by using the network to actively promote the flow of material, energy, techniques, information, knowledge, and services in this environment. This thought model envisioned the development trend of the Internet of things.

III. APPLICATIONS

The applications for internet connected devices are extensive. Multiple categorizations have been suggested, most of which agree on a separation between consumer, enterprise (business), and infrastructure applications. George Osborne, the former British Chancellor of the Exchequer, posited that the Internet of things is the next stage of the information revolution and referenced the inter-connectivity of everything from urban transport to medical devices to household appliances.

The ability to network embedded devices with limited CPU, memory and power resources means that IoT finds applications in nearly every field. Such systems could be in charge of collecting information in settings ranging from

natural ecosystems to buildings and factories, thereby finding applications in fields of environmental sensing and urban planning.

Intelligent shopping systems, for example, could monitor specific users' purchasing habits in a store by tracking their specific mobile phones. These users could then be provided with special offers on their favorite products, or even location of items that they need, which their fridge has automatically conveyed to the phone. Additional examples of sensing and actuating are reflected in applications that deal with heat, water, electricity and energy management, as well as cruise-assisting transportation systems. Other applications that the Internet of things can provide is enabling extended home security features and home automation. The concept of an "Internet of living things" has been proposed to describe networks of biological sensors that could use cloud-based analyses to allow users to study DNA or other molecules.

IV. CONSUMER APPLICATION

A growing portion of IoT devices are created for consumer use. Examples of consumer applications include connected car, entertainment, home automation (also known as smart home devices), wearable technology, quantified self, connected health, and appliances such as washer/dryers, robotic vacuums, air purifiers, ovens, or refrigerators/freezers that use Wi-Fi for remote monitoring. Consumer IoT provides new opportunities for user experience and interfaces

Some consumer applications have been criticized for their lack of redundancy and their inconsistency, leading to a popular parody known as the "Internet of Shit." Companies have been criticized for their rush into IoT, creating devices of questionable values. and not setting up stringent security standards.

4.1 SMART HOME

IoT devices are a part of the larger concept of home automation, also known as domotics. Large smart home systems utilize a main hub or controller to provide users with a central control for all of their devices. These devices can include lighting, heating and air conditioning, media and security systems. Ease of usability is the most immediate benefit to connecting these functionalities. Long term benefits can include the ability to create a more environmentally friendly home by automating some functions such as ensuring lights and electronics are turned off. One of the major obstacles to obtaining smart home technology is the high initial cost.

4.2 APPLICATIONS

One key application of smart home is to provide assistance for disabled and elderly individuals. These home systems utilize assistive technology to accommodate an owner's specific disabilities. Voice control can assist users with sight and mobility limitations while alert systems can be connected directly to Cochlear implants worn by hearing impaired users. They can also be equipped with additional safety features. These features can include sensors that monitor for medical emergencies such as falls or seizures. Smart home technology applied in this way can provide users with more freedom and a higher quality of life.

A second application of smart home is even more sophisticated. One can guide his or her connected device at home even from far away. If one for example leaves the office, it is possible to tell a connected air conditioner device via smart phone to cool down the house to a certain temperature.

Another example would be to use smart devices as for examples Amazon's Alexa to get the most recent and most important news of the day while cutting the vegetables for the meal you are cooking at the moment. In general, Smart Home devices make life easier at home and give us the possibility to make several things at the same time.

V. ENTERPRISE

The term "Enterprise IoT," or EIoT, is used to refer to all devices used in business and corporate settings. By 2019, it is estimated the EIoT will account for nearly 40% or 9.1 billion devices.

5.1 Media

Media use of the Internet of things is primarily concerned with marketing and studying consumer habits. Through behavioral targeting these devices collect many actionable points of information about millions of individuals. Using the profiles built during the targeting process, media producers present display advertising in line with the consumer's known habits at a time and location to maximize its effect. Further information is collected by tracking how consumers interact with the content. This is done through conversion tracking, drop off rate, click through rate, registration rate and interaction rate. The size of the data often presents challenges as it crosses into the realm of big data. However, benefits gained from the data stored greatly outweighs these challenges.

5.2 Agriculture

The IoT contributes significantly towards innovating farming methods. Farming challenges caused by population growth and climate change have made it one of the first industries to utilize the IoT. The integration of wireless sensors with agricultural mobile apps and cloud platforms helps in collecting vital information pertaining to the environmental conditions – temperature, rainfall, humidity, wind speed, pest infestation, soil humus content or nutrients, besides others – linked with a farmland, can be used to improve and automate farming techniques, take informed decisions to improve quality and quantity, and minimize risks and wastes. The app-based field or crop monitoring also lowers the hassles of managing crops at multiple locations. For example, farmers can now detect which areas have been fertilised (or mistakenly missed), if the land is too dry and predict future yields.

5.3 Energy management

Integration of sensing and actuation systems, connected to the Internet, is likely to optimize energy consumption as a whole. It is expected that IoT devices will be integrated into all forms of energy consuming devices (switches, power outlets, bulbs, televisions, etc.) and be able to communicate with the utility supply company in order to effectively balance power generation and energy usage. Such devices would also offer the opportunity for users to remotely control their devices, or centrally manage them via a cloud-based interface, and enable advanced functions like

scheduling (e.g., remotely powering on or off heating systems, controlling ovens, changing lighting conditions etc.).

Besides home-based energy management, the IoT is especially relevant to the Smart Grid since it provides systems to gather and act on energy and power-related information in an automated fashion with the goal to improve the efficiency, reliability, economics, and sustainability of the production and distribution of electricity. Using advanced metering infrastructure (AMI) devices connected to the Internet backbone, electric utilities can not only collect data from end-user connections but also, manage other distribution automation devices like transformers and reclosers.

5.4 Environmental monitoring

Environmental monitoring applications of the IoT typically use sensors to assist in environmental protection by monitoring air or water quality, atmospheric or soil conditions, and can even include areas like monitoring the movements of wildlife and their habitats. Development of resource-constrained devices connected to the Internet also means that other applications like earthquake or tsunami early-warning systems can also be used by emergency services to provide more effective aid. IoT devices in this application typically span a large geographic area and can also be mobile. It has been argued that the standardization IoT brings to wireless sensing will revolutionize this area.

5.5 Building and home automation

IoT devices can be used to monitor and control the mechanical, electrical and electronic systems used in various types of buildings (e.g., public and private, industrial, institutions, or residential) in home automation and building automation systems. In this context, three main areas are being covered in literature.

- The integration of the internet with building energy management systems in order to create energy efficient and IoT driven "smart buildings".
- The possible means of real-time monitoring for reducing energy consumption and monitoring occupant behaviors.
- The integration of smart devices in the built environment and how they might be used in future applications.

5.6 Metropolitan scale deployment

There are several planned or ongoing large-scale deployments of the IoT, to enable better management of cities and systems. For example, Songdo, South Korea, the first of its kind fully equipped and wired smart city, is on near completion. Nearly everything in this city is planned to be wired, connected and turned into a constant stream of data that would be monitored and analyzed by an array of computers with little, or no human intervention.

Another application is a currently undergoing project in Santander, Spain. For this deployment, two approaches have been adopted. This city of 180,000 inhabitants has already seen 18,000 downloads of its city smartphone app. The app is connected to 10,000 sensors that enable services like parking search, environmental monitoring, digital city

agenda, and more. City context information is used in this deployment so as to benefit merchants through a spark deals mechanism based on city behavior that aims at maximizing the impact of each notification.

Other examples of large-scale deployments underway include the Sino-Singapore Guangzhou Knowledge City; work on improving air and water quality, reducing noise pollution, and increasing transportation efficiency in San Jose, California; and smart traffic management in western Singapore. French company, Sigfox, commenced building an ultra-narrowband wireless data network in the San Francisco Bay Area in 2014, the first business to achieve such a deployment in the U.S. It subsequently announced it would set up a total of 4000 base stations to cover a total of 30 cities in the U.S. by the end of 2016, making it the largest IoT network coverage provider in the country thus far.

Another example of a large deployment is the one completed by New York Waterways in New York City to connect all the city's vessels and be able to monitor them live 24/7. The network was designed and engineered by Fluidmesh Networks, a Chicago-based company developing wireless networks for critical applications. The NYWW network is currently providing coverage on the Hudson River, East River, and Upper New York Bay. With the wireless network in place, NY Waterway is able to take control of its fleet and passengers in a way that was not previously possible. New applications can include security, energy and fleet management, digital signage, public Wi-Fi, paperless ticketing and others.

VI. OTHER FIELD APPLICATIONS

6.1 Medical and healthcare

IoT devices can be used to enable remote health monitoring and emergency notification systems. These health monitoring devices can range from blood pressure and heart rate monitors to advanced devices capable of monitoring specialized implants, such as pacemakers, Fitbit electronic wristbands, or advanced hearing aids. Some hospitals have begun implementing "smart beds" that can detect when they are occupied and when a patient is attempting to get up. It can also adjust itself to ensure appropriate pressure and support is applied to the patient without the manual interaction of nurses. According to the latest research, US Department of Health plans to save up to USD 300 billion from the national budget due to medical innovations. The Research & Development Corporation (DEKA), a company that creates prosthetic limbs, has created a battery-powered arm that uses myoelectricity, a device that converts muscle group sensations into motor control. The arm is nicknamed Luke Arm after Luke Skywalker (Star Wars).

TRANSPORTATION



Digital variable speed-limit sign.

The IoT can assist in the integration of communications, control, and information processing across various transportation systems. Application of the IoT extends to all aspects of transportation systems (i.e. the vehicle, the infrastructure, and the driver or user). Dynamic interaction between these components of a transport system enables inter and intra vehicular communication, smart traffic control, smart parking, electronic toll collection systems, logistic and fleet management, vehicle control, and safety and road assistance. In Logistics and Fleet Management for example, The IoT platform can continuously monitor the location and conditions of cargo and assets via wireless sensors and send specific alerts when management exceptions occur (delays, damages, thefts, etc.).

6.2 GOVERNMENT REGULATION ON IOT

One of the key drivers of the IoT is data. The success of the idea of connecting devices to make them more efficient is dependent upon access to and storage & processing of data. For this purpose, companies working on IoT collect data from multiple sources and store it in their cloud network for further processing. This leaves the door wide open for privacy and security dangers and single point vulnerability of multiple systems. The other issues pertain to consumer choice and ownership of data and how it is used. Presently the regulators have shown more interest in protecting the first three issues identified above. IoT regulation depends on the country. Some examples of legislation that is relevant to privacy and data collection are: the US Privacy Act of 1974, OECD Guidelines on the Protection of Privacy and Transborder Flows of Personal Data of 1980, and the EU Directive 95/46/EC of 1995.

6.3 CURRENT REGULARITY ENVIRONMENT

A report published by the Federal Trade Commission (FTC) in January 2015 made the following three recommendations:

- Data security – At the time of designing IoT companies should ensure that data collection, storage and processing would be secure at all times. Companies should adopt a “defence in depth” approach and encrypt data at each stage.
- Data consent – users should have a choice as to what data they share with IoT companies and the users must be informed if their data gets exposed.
- Data minimization – IoT companies should collect only the data they need and retain the collected information only for a limited time.

However, the FTC stopped at just making recommendations for now. According to an FTC analysis, the existing framework, consisting of the FTC Act, the Fair Credit Reporting Act, and the Children's Online Privacy Protection Act, along with developing consumer education and business guidance, participation in multi-stakeholder efforts and advocacy to other agencies at the federal, state and local level, is sufficient to protect consumer rights.

A resolution passed by the Senate in March 2015, is already being considered by the Congress. This resolution recognized the need for formulating a National Policy on IoT and the matter of privacy, security and spectrum. Furthermore, to provide an impetus to the IoT ecosystem, in March 2016, a bipartisan group of four Senators proposed a

bill, The Developing Innovation and Growing the Internet of Things (DIGIT) Act, to direct the Federal Communications Commission to assess the need for more spectrum to connect IoT devices.

Several standards for the IoT industry are actually being established relating to automobiles because most concerns arising from use of connected cars apply to healthcare devices as well. In fact, the National Highway Traffic Safety Administration (NHTSA) is preparing cybersecurity guidelines and a database of best practices to make automotive computer systems more secure.

A recent report from the World Bank examines the challenges and opportunities in government adoption of IoT. These include -

- Still early days for IoT in government
- Underdeveloped policy and regulatory frameworks
- Unclear business models, despite strong value proposition
- Clear institutional and capacity gap in government AND the private sector
- Inconsistent data valuation and management
- Infrastructure a major barrier
- Government as an enabler
- Most successful pilots share common characteristics (public-private partnership, local, leadership)

VII. CONCLUSION

The pervasiveness of embedded processing is already happening everywhere around us. At home, appliances as mundane as your basic toaster now come with an embedded MCU that not only sets the darkness of the piece of toast to your preference, but also adds functional safety to the device. Your refrigerator has started talking to you and keeping track of what you put in it. There are energy-aware HVAC systems that can now generate a report on the activity in your house and 4 recommend ways to reduce your energy consumption. The electrification of vehicles has already started happening, and in just a few years from now, each car will contain >50 percent more electronics than it did just five years ago. The cars of the future will indeed be able to drive themselves. Similar changes are also happening in other aspects of our lives ... in factories, transportation, school systems, stadiums and other public venues. Embedded processing is everywhere. Connecting those smart devices (nodes) to the web has also started happening, although at a slower rate. The pieces of the technology puzzle are coming together to accommodate the Internet of Things sooner than most people expect. Just as the Internet phenomenon happened not so long ago and caught like a wildfire, the Internet of Things will touch every aspect of our lives in less than a decade.

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